



Leadership for Well Being

Leadership for Well Being

1) *Clarity vs Surprise – vision, plan*

2) *Alignment between objectives, values, C&B*

3) *I am good at my job if....*

4) *I count (not an excel cell)*

5) *There is a higher purpose*

6) *They understand and care about me*

7) *No stupid rules (meaning rather than authority)*

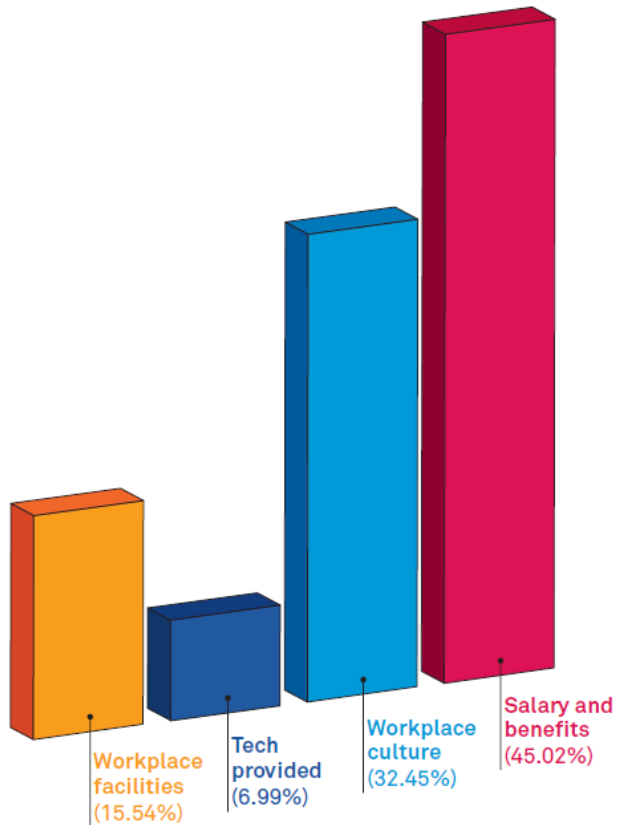
8) *No unnecessary stress*

9) *No useless and endless meetings*

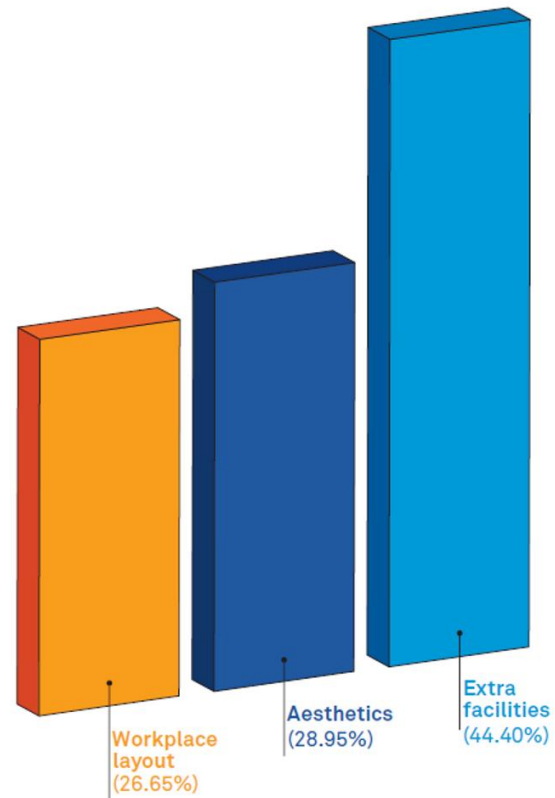
Encouraging a better life

- 1) *One book per month*
- 2) *35 employees at Bucharest Marathon*
- 3) *Running for a Cause*
- 4) *Study holidays*
- 5) *KiK Meetings*
- 6) *Apples (2008)*
- 7) *Family days*
- 8) *Medical leave for mothers or fathers*
- 9) *Productive and happy WORK PLACE*

Workplace Design and Culture Outweigh Salary and Benefits



Overall factors impacting appeal of an employer



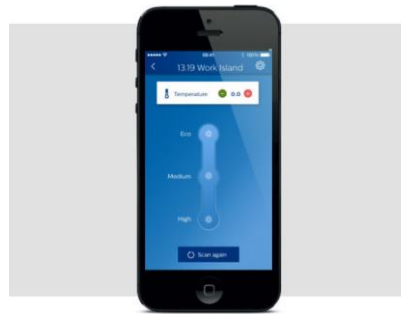
Facility factors impacting appeal of a workplace

Source: 2013, Empirica Research

Well Working and being



Intelligent Buildings



Intelligent Workspace



Quantified Workplace



The Workplace as Business Accelerator



The Workplace as a Business Accelerator



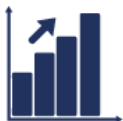
Engagement



Empowerment



Health

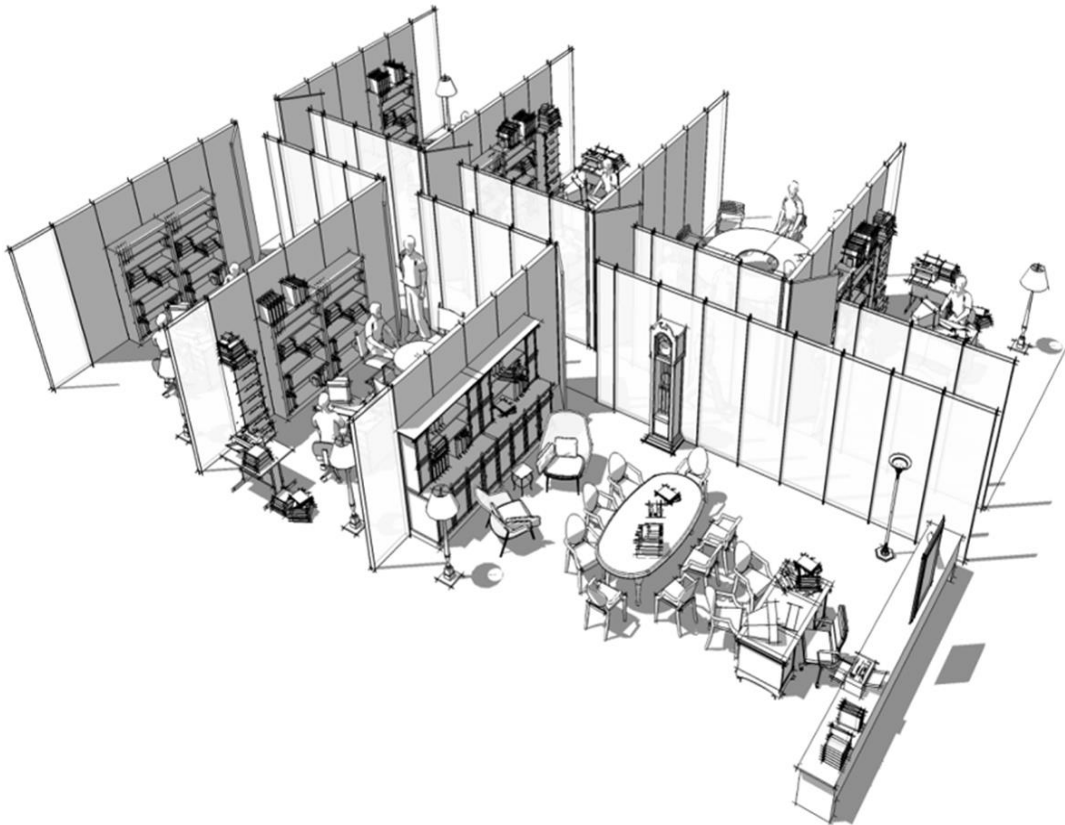


Productivity



The Workplace Design

Traditional

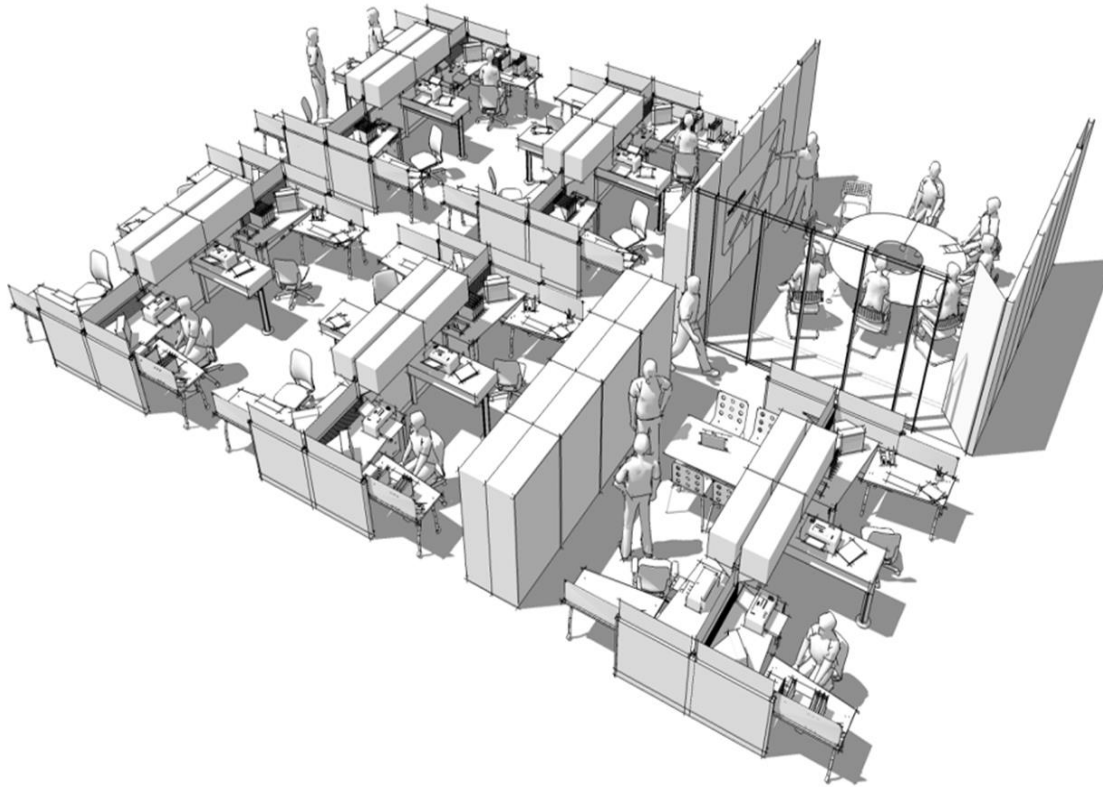


1902 - 1948



The Workplace Design

Baby boom



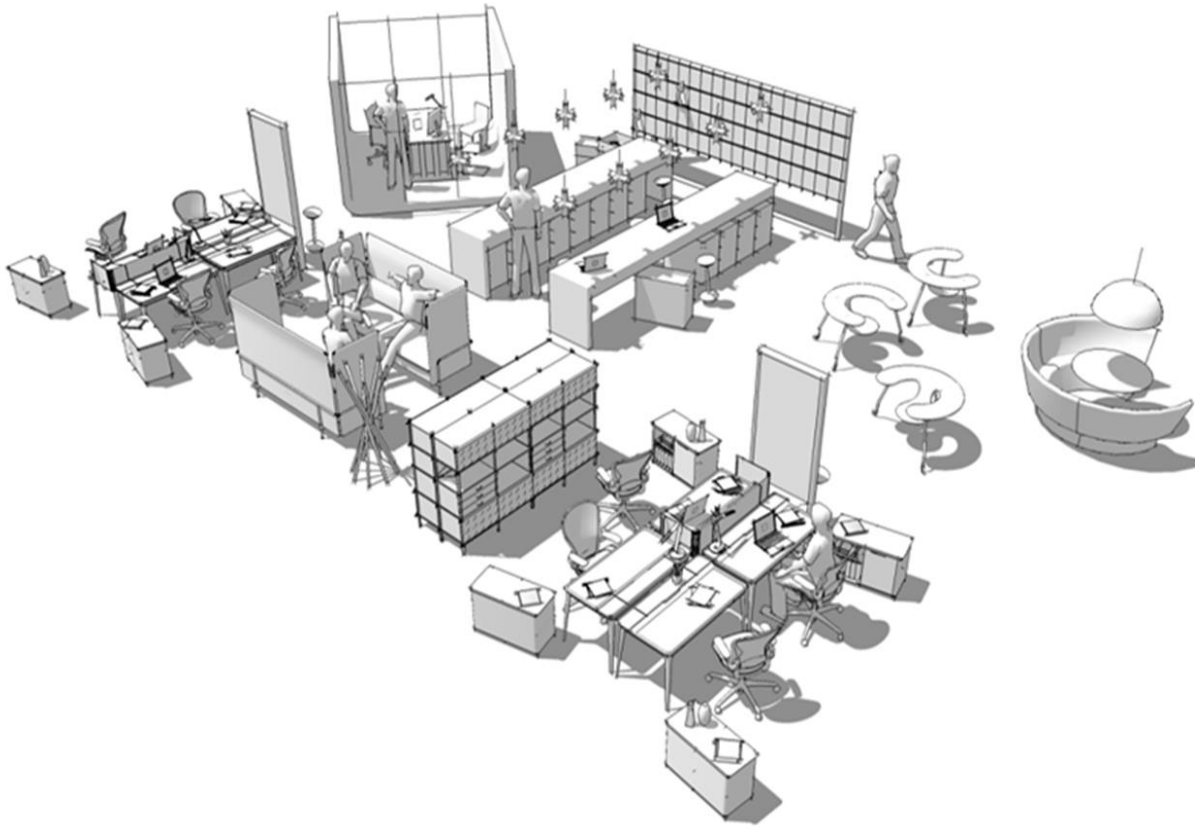
Baby boom

1949 - 1964



The Workplace Design

Generation X



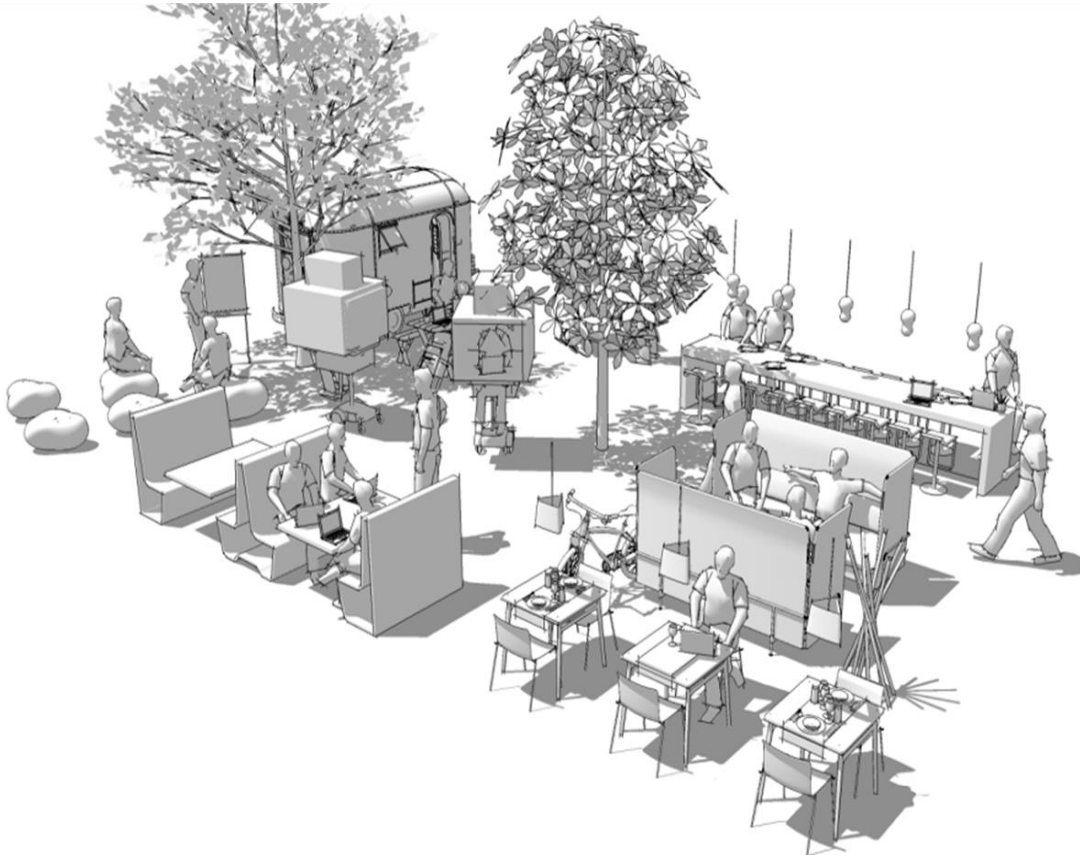
Generation X

1965 - 1976



The Workplace Design

Millennials



Millennials

1977 - 1997



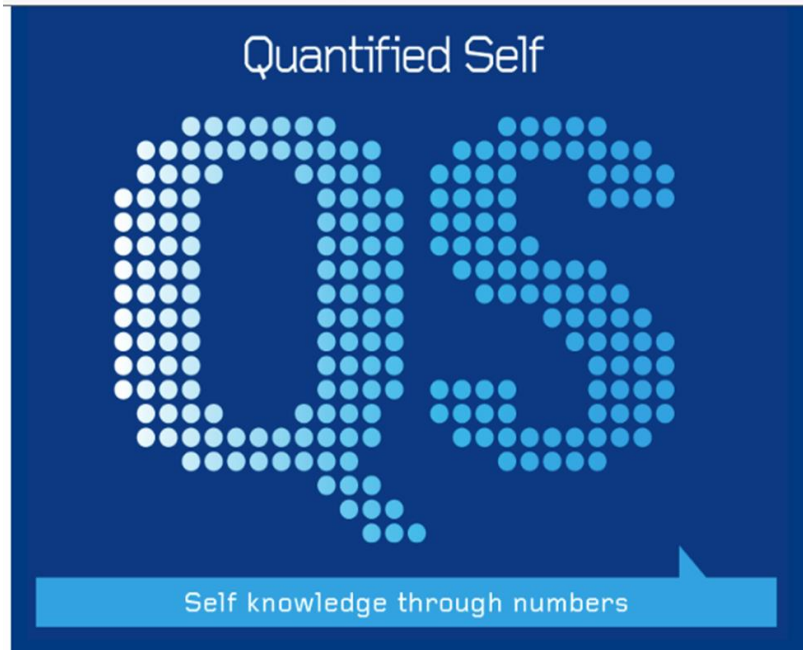
The Workplace Design

Generation Z



The Quantified Workplace

The tech revolution



Intelligent Buildings

Intelligent Space

The Quantified Workplace



well being

exercise

productivity

rest

stress

Save your day!

How did your day go in general?

7



How productive do you feel your day was?

3



How stressful do you feel your day was?

2



Great pitch at [Aon!](#)

Leadership for well being

- 1) *Creating adaptive workplace*
- 2) *Redefine good employer ship*
- 3) *Enhance personal productivity*
- 4) *Create high performance networks*
- 5) *Accelerate success*

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Accelerating success.